



Sponsored by AutoNation Chevrolet and Wendle Ford

Gent's Journal

Volume 8 Issue 3

March 2018



OUR TREASURER DON ROGERS

For those who may not know. In the late 60's, I returned from Vietnam. They assigned me to Fairchild AFB. I served a total of 5 years in the military, three of which were at Fairchild. After my four years were up, I extended my term. Being that I made E-5 in under four years of service. They say that was hard to do back in those days. So I extended my term six months at a time trying to get another promotion.

In the early 70's, President Nixon ordered the bombing of Hanoi. At that time, the entire wing at Fairchild was deployed to Guam. Initially I stayed behind, I was due to be discharged soon. Left behind I had nothing to do

so I got to ride around with the survival school in their helicopters. But eventually I also had to deploy over and join the crew in Guam.

When the wing at Fairchild returned I had five years active duty. After getting discharged, I was looking for work and met a guy that had an automotive shop called G-5 Auto Service. It was located in Airway Heights. At Fairchild I was an aircraft equipment mechanic, so this guy hired me to run his shop.

In the early 70's the first oil embargo hit. There were long lines at the gas pumps.

Business fell off bad. So I decided I need to find steady work. I was eventually hired by Washington Trust Bank and worked there for 12 years.

In 1975, I was voted into the Gents. My biggest passion is driving. In the mid 80's, I was hired by Greyhound; however was put in furlough right out of school. Worked at the Kenworth truck dealership for a short time then landed a position with Trans-System in 1985. Retired after 30 years of service.



Don Rogers
2003 Chevrolet Z06 Corvette

Club Officers

- President:
Tom Yedinak
509-468-3729
- Vice President:
Steve Williams
- Secretary:
Tawnia Littell
- Treasurer
Don Rogers
- Sgt At Arms:
Jason Williams
- INCCC Rep:
Dean Carriveau

*As you slide down
the banister of life,
May the splinters
never point in the
wrong direction!*

~An Irish Saying

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FEBRUARY MEETING MINUTES

Call to Order: 6:00pm

Pledge of Allegiance: led by Steve Williams

Visitors: none

Prospective Members: Mike Pringle's 1st meeting (07 Mustang; sponsored by Rick Murray)

Reading of Minutes: accepted as printed in newsletter

Reading of Correspondence: none

Report from Treasurer: read and accepted

Report of Committees:

INCCC: fundraising auction to be held closer to the end of the year. Volunteers are needed. See Dean Carriveau. Proceeds will go towards the scholarship fund.

Also, the Calendar of Events will be available at the Show No Shine and Dean will bring some to the March meeting.

With regards to Car d'Alene – the Downtown CdA Association is taking over

Petition on the \$30 tab fees was short on signatures

Interstate Fair – club date is now Friday, Sept 7. See Dean if you'd like to participate.

Trophy Committee – to decide on how to best utilize our big traveling trophy. Tabled until March meeting. Rick Sawyer to chair.

Old Business:

Jason Williams has car stickers and member cards

Steve Williams has prospective member folders and plastic sign holders

www.thegentsautoclub.com – if you'd like your car featured on the website, contact Bruce Town or Dean Carriveau.

Keep Shad Pierce in thoughts and prayers

Please think of possible locations for the club calendar centerfold photo shoot. Full participation is highly requested.

New Business:

Contracts for the 2019 calendars will be signed this month. Tom Yedinak and Andy Terris will work together on this. Inside And Out Carwash, Northtown Insurance, Black Diamond, and Spikes are all on the list.

Discussions of the car shows for this season took place.

Steve Williams discussed a Thrifty Auto Supply Show. It would be a reunion type show where the club would be asked to participate but not necessarily work. The show would be held June 9 2018 at the original site of the valley Thrifty Auto Supply.

Sontag Park will be the location of the annual club picnic. Dick Ripley will contact Sammy Eubanks and ask about entertainment.

There WILL be a club display at the 2018 Spokane Speed and Custom show. The club board decided against a full display for the Gents however we will put up a smaller display to promote our club. We will pay for and present a Gents award at the show. Mannequin challenge is also back. Please start considering display options for 2019.

VOTE FOR NEW MEMBERS – Richard Farstad was not present. Voting will take place at his next meeting.

Announcements: Bob Kivett is seeking a kidney (O Positive) If you can help, please contact Gary Kivett.

Next Meetings: March 7, 2018 at 6pm at the Eagles

Meeting Adjourned: 7:11pm



If you have any questions or comments about the meeting or INCCC in general, contact Dean Carriveau



Notable Dates

- March 7 — Regular monthly meeting
- April 13-15—Spokane Speed and Custom Show
- May 12—AutoNation Car Show
- June 17—Wendle Ford Car Show
- July 13—Collector Car Appreciation Day
- July 14—Inside & Out Carwash Show
- July 28—Eagles Car Show
- Aug 17—Good Guys Car Show
- Sept 8—Spokane Interstate Fair day
- Sept 8—Dukes' Drags

Sept 9—Gents' Picnic

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Toyota Develops World's Most Thermally Efficient 2.0-Liter Engine

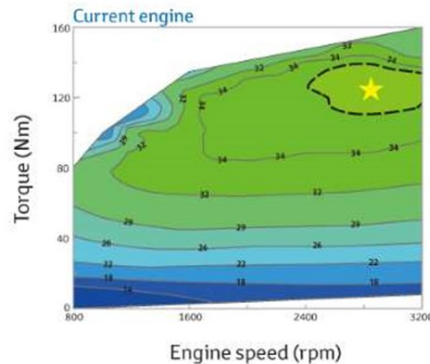
The biggest problem with the internal combustion engine is that most of the energy generated by combustion is wasted as heat rather than converted propulsion for the vehicle. Toyota's new Dynamic Force Engine has made a breakthrough in thermal efficiency in being 40 percent efficient as a conventional engine and 41 percent efficient in hybrid form. Most internal combustion engines are only 20 percent thermally efficient, according to Green Car Reports.

In addition to heat, the various systems required to run the engine all take energy that could potentially be put to use propelling the vehicle. In the Dynamic Force Engine, the sides of the pistons have been polished to a smooth mirror surface to reduce friction, with narrow grooves cross cut in it to improve scuff resistance. The cylinder head has been designed with a high-efficiency intake port. A high-power ignition coil is used to burn every last droplet of gas from

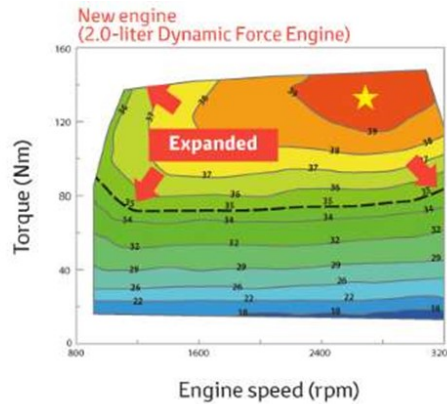
the multi-hole direct injector. This engine uses a new version of Toyota's D-4S direct injection system, which has already been used on the Toyota 86 and Subaru BRZ twins for years.

Besides the obvious benefit of improved fuel economy, another major benefit of this engine is its enhanced torque. Not only does it produce more torque than the modern equivalent 2.0-liter engine, it begins generating that torque at a lower engine rpm. Horsepower numbers make flashy headlines, but high torque at low rpm is extremely useful in real-world driving, getting you off the line more quickly and easily.

Toyota has not yet said in what vehicles we can expect to see this engine equipped in the future. A fair bet may be anything economy-minded that currently runs a similarly sized engine, such as the Corolla.



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<https://www.msn.com/en-us/autos/news/toyota-develops-worlds-most-thermally-efficient-20-liter-engine/ar-BBJLoZl>



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save the ta-tas
KEEP IT CLEAN

*May the road rise up to meet you; May the winds be always at your back
May the sun shine warm upon your face; and rains fall soft upon your fields
And until we meet again, may God hold you in the palm of His hand.*



Guinness(R) Bread



Prep
15 m

Cook
1 h

Ready In
1 h 45 m

Recipe By: Dolly Butfer

"I developed this recipe after visiting my ancestral homeland of Ireland. It's a great way to get Guinness into your bread! Serve warm with butter and honey."

Ingredients

1 cup regular rolled oats, plus additional	1/2 teaspoon salt
2 cups whole wheat flour	1/4 cup melted butter
1/2 cup brown sugar	2 teaspoons vanilla extract
2 teaspoons baking soda	1 cup buttermilk
1 teaspoon baking powder	1 (12 fluid ounce) can or bottle Guinness(R) beer

Directions

- 1 Preheat oven to 425 degrees F (220 degrees C). Grease an 8x8 inch baking pan.
- 2 Mix together the oats, flour, sugar, baking soda, baking powder, and salt in a bowl. In a separate large bowl, stir together the butter, vanilla, buttermilk, and Guinness(R) beer. Pour the flour mixture into the beer mixture, and gently stir until well blended. Pour batter into the prepared baking pan, and sprinkle with additional oats if desired.
- 3 Bake in preheated oven for 30 minutes, then turn the temperature down to 400 degrees F (200 degrees C), and bake for an additional 30 minutes. Turn the oven off, open the door, and allow to cool for 30 minutes in the oven before turning out onto a wire rack.

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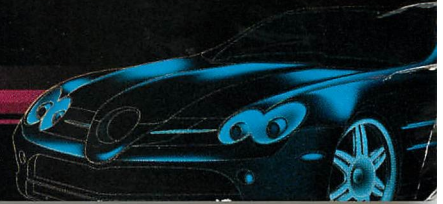


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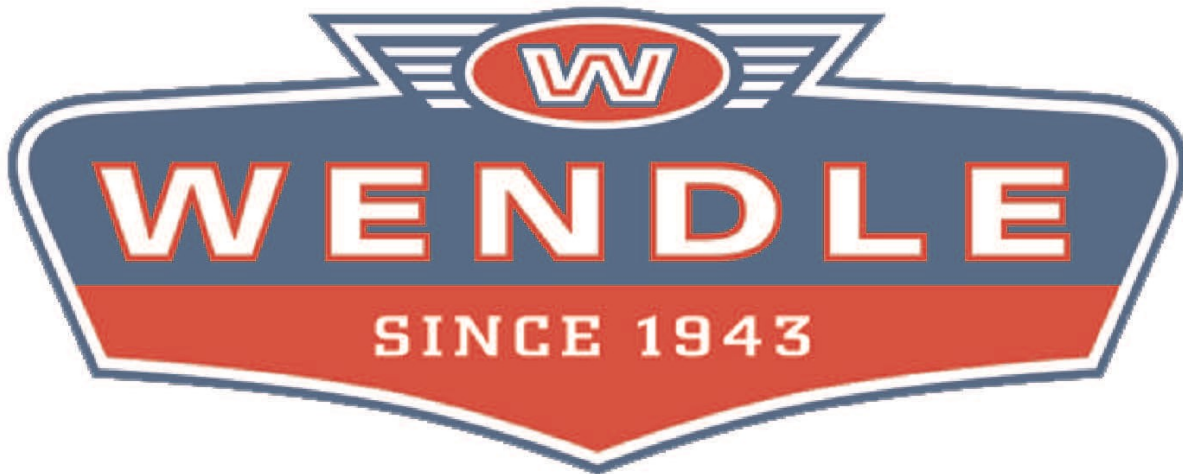
Please contact me if you have any questions, comments, or concerns.

~Tawnia Littell

509-251-2546 or watchingstars1@msn.com

Editor's note—I find a lot of articles on the internet for your viewing and reading pleasure. If an article was taken from the internet, a hyperlink will follow the article. Full credit goes to these writer's and photographers.

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COLLECTOR CAR APPRECIATION DAY

The SEMA Action Network (SAN) announced that the next Collector Car Appreciation Day (CCAD) will be officially celebrated on July 13, 2018. The date marks the ninth consecutive commemoration in what is now an annual event to raise awareness of the vital role automotive restoration and

collection plays in American society.

Intended to celebrate the classics of the past and the future, the U.S. Senate has helped launch CCAD by passing Resolutions each year at the SAN's request. The previous resolutions were sponsored by Senator Richard

Burr (R-NC) and Senator Jon Tester (D-MT). The Senators have been strong advocates for the automotive hobby in Washington, D.C., and recognize the integral role collector cars have played in fostering our nation's appreciation for the automobile's unique historical place in our history.

Celebrate Spring Equinox

WELCOME THE SPRING WITH A VERNAL EQUINOX CELEBRATION! IN 2018, THE SPRING VERNAL EQUINOX OCCURS ON TUESDAY, MARCH 20 AT 12:15 P.M. EDT. ENJOY SOME SEASONAL FUN WITH THESE 15 WAYS TO CELEBRATE THE SPRING VERNAL EQUINOX.

1. GET OUTSIDE & CONNECT

Take some time to celebrate the new life that surrounds you in nature. Watch the sunrise and/or sunset, go for a walk in the park, take a bike ride, lay in the grass, or take a hike. As you do so, observe all the new life beginning around you.

2. PLANT NEW LIFE

This is a good time of year to start planting your flowers and gardens if you haven't already. If you live in an area where it

is still not possible to plant anything, you can start some plants indoors or get your yard and garden ready for late spring plantings.

3. VISIT A MEGALITHIC MONUMENT

This may not be possible for many of us but the idea of it sure is fun! Stonehenge is open to visitors on the winter and summer solstices and spring and autumn equinoxes.

4. BRING SPRING INTO YOUR HOME

Pick or purchase a bouquet of spring flowers.

Refresh and renew your home and body with essential oils.

5. PREPARE A FAMILY FEAST

No spring celebration is really complete

without a family meal to go along with it. For the solstice, celebrate with foods that honor the coming of spring — eggs, early spring greens, shoots, sprouts, seasonal local produce, local bread, wine, etc.

6. HAVE OR ATTEND A BONFIRE

A bonfire is a great way to celebrate the equinox. Tell stories, dance, sing, beat drums, play music, and celebrate the spring.

Please be safe and follow city or county laws and regulations.

7. ENJOY SPRING ARTS, CRAFTS, AND STEAM ACTIVITIES

Creating spring crafts is a great way to welcome in the season.

8. DECORATE EGGS

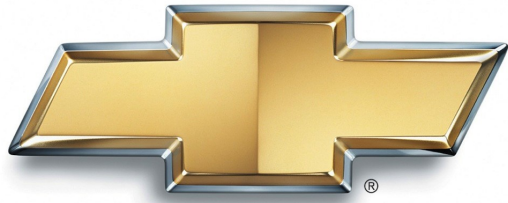
If you're not ready to decorate

(Continued on page 8)

MEMBERSHIP DUES ARE DUE

MEMBERSHIP DUES ARE DUE

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(Continued from page 7)

your Easter eggs on the solstice. You can decorate some wooden Easter eggs for displaying around your home.

9. ADD SPRING DECOR TO YOUR HOME

Decorate your home with spring decor.

10. READ BOOKS ABOUT SPRING

Read spring books with your kids to help them understand the equinox and the cyclical nature of the seasons.

11. STAND AN EGG ON ITS END

Legend has it that it is easier to stand an egg on its end during the spring equinox. I have never tried this, but it sounds like a great party trick to attempt

while waiting for your spring solstice family feast.

12. MEDITATE AND/OR PRACTICE YOGA

Meditate upon new spring life and celebrate the change of seasons. On the equinox, day and night, dark and light are balanced. Meditate and/or practice yoga to create inner peace and balance.

13. RESTORE BALANCE IN THE HOME

Restore balance in the home by doing a spring deep cleaning. Get rid of clutter and anything that you no longer need to make space for the new season.

14. BEGIN SOMETHING NEW

Solstices and equinoxes are a great time to let go of the old

and begin anew. As the days begin to grow longer and the temperatures begin to warm, people begin to spend more time outdoors. It is a great time to begin something new.

Make a list of everything you've been wanting to do.

Pick your top three choices.

Make a plan to start one and go from there.

15. ESTABLISH A DAILY RHYTHM

Spring is typically a time of renewal and rebirth. Establishing a new rhythm on the spring equinox will help you get organized and provide a framework for your day.

Editor's note: this is an abbreviated article. Full story can be found online: <https://rhythmsofplay.com/ways-celebrate-spring-vernal-equinox/>